



**KINSHIP  
NAVIGATION**  
A Program of NCHS

# Kinship Navigation Education Series

## Classes and Support for Kinship Caregivers

Sometimes, family members have to step into a parenting role for young relatives. You might be new to this job, or you may have been parenting your relative's children for a while now. Whatever your situation is, we've got resources and tips to help.

NCHS's Kinship Navigation Education Series aims to help kinship caregivers balance the demands of caring for children with their own well-being.

### The program covers topics such as:

- Blessings and losses
- Child growth and development
- Fostering healthy attachments
- Keeping the children in your care safe and secure
- Nurturing yourself and your young relatives
- Understanding children's behaviors

**Take time to care for your needs while providing the best care for your relative children.**

To get more information or register for upcoming groups, email [kinship@nchs.org](mailto:kinship@nchs.org).

**Enroll today. Call 888.315.7347 Now.**

