

Pregnancy Services by NCHS provides an important avenue for families to get the support they need during and after pregnancy. Our comprehensive services strive to equip families with the resources, education, guidance, and emotional support they need to make a well-informed choice that works best for them. We've compiled some of the most valuable sources of support requested by families, like food and utility assistance, help with car seat safety, and locations of WIC offices, into one easy-to-share resource. **Take a look at the helpful resources linked below.**

Omaha:

Food and Utility Assistance Programs

- Operation Others
- Food Bank for the Heartland
- Food Pantry – Grace Evangelical Lutheran Church
- The Salvation Army of Omaha
- SVdP Helpline – Rent & Utility Assistance by Society of St. Vincent de Paul Omaha
- Family Housing Advisory Services, Inc. – Homelessness Prevention
- Dollar Energy (OPPD & MUD Assistance)
- MACCH/ERAP (Rent & Utility Assistance)
- Together Omaha (Rent, Utility, Pantry Assistance)
- Housing, Safety, & Financial Stability – Heartland Family Service
- Energy Assistance (LIHEAP)*
- Nebraska Family Helpline*
- **Safe Kids Nebraska – Coalition for Douglas County**
Children's Hospital & Medical Center
8200 Dodge Street, Omaha, NE 68114 | 402.955.6815
Email: thedlund@childrensomaha.org
www.childrensomaha.org/safe-kids

WIC Offices - Omaha

- **Nebraska Medicine**
600 South 42nd St., Omaha, NE 68198 | 402.559.4500
- **Charles Drew Health Center**
2915 Grant St., Omaha, NE 68111 | 402.451.3130
- **Midtown WIC**
1941 South 42nd St. Ste. 225, Omaha, NE 68105 | 402.444.4082
- **One World**
4920 South 30th St., Omaha, NE 68107 | 402.734.2028
- **Immanuel Medical Center**
6901 North 72nd St., Omaha, NE 68122 | 402.444.4082
- **One World Northwest**
4229 North 90th, Omaha, NE 68134 | 402.401.6000
- **West Omaha WIC**
4203 South 120th St., Omaha, NE 68137 | 402.444.6800

Lincoln:

Food and Utility Assistance Programs

- Food Bank of Lincoln
- Center for People in Need
- Catholic Social Services of Southern Nebraska
- Community Action
- Housing and Utility Assistance – City of Lincoln, NE
- Emergency Services | Assistance for Utilities, Rent, Medicine – Lincoln, Hastings, Auburn
- Emergency Management – Lancaster County, NE
- Rental Assistance – Lancaster County, NE
- Nebraska Family Helpline*
- Energy Assistance (LIHEAP)*
- **Safe Kids Nebraska - Coalition for Lincoln-Lancaster County**
Lincoln-Lancaster County Health Department
3140 N St., Lincoln, NE 68510 | 402.441.8046
Email: bbaker@lincoln.ne.gov
www.SafeKidsLincoln.org

WIC Offices - Lincoln

- **Cornhusker Clinic**
27th and Cornhusker, Lincoln, NE 68521 | 402.441.4204
- **Family Service WIC - First Church Clinic**
2730 North 50th St., Lincoln, NE 68504 | 402.441.8655
- **Lincoln Lancaster County Health Department**
3131 O St., Lincoln, NE 68510 | 402.441.6200
- **Family Service WIC - Mill Towne Clinic**
501 South 7th St., Lincoln, NE 68508 | 402.441.8655
- **Family Service WIC - South Lincoln Clinic**
5750 South 40th St., Lincoln, NE 68516 | 402.441.8655



Grand Island:

Food and Utility Assistance Programs

- Central Nebraska Community Action Partnership
- Food Pantry – St. Mary’s Cathedral
- Community Assistance – Hope Harbor
- The Salvation Army of Grand Island, Nebraska
- Crossroads Mission Food Pantry
- Catholic Social Services of Southern Nebraska Energy Assistance Programs
- Heartland United Way
- Nebraska Family Helpline*
- Energy Assistance (LIHEAP)*
- **Safe Kids Nebraska State***
Nebraska Department of Health and Human Services
301 Centennial Mall South, P.O. Box 95026, Lincoln, NE 68509
402.471.8749
Email: jason.kerkman@nebraska.gov
www.SafeKidsNebraska.org

WIC Offices - Grand Island

- **Grand Island WIC**
1137 South Locust St., Grand Island, NE 68501 | 308.385.5188
- **Aurora WIC**
1104 A St., Aurora, NE 68818 | 308.745.0780
- **Central City**
1801 17th Ave., Central City, NE 68826 | 308.745.0780

Kearney:

Food and Utility Assistance Programs

- Cure Hunger - The Salvation Army of Kearney, Nebraska
- Kearney Jubilee Food Pantry
- Gibbon/Shelton Community Center
- Loper Pantry University of Nebraska at Kearney
- Nebraska Family Helpline*
- Energy Assistance (LIHEAP)*
- **Safe Kids Nebraska - Coalition Representing Buffalo, Dawson, Custer, Lincoln, Keith, and Southwestern Counties**
Good Samaritan Hospital
P.O. Box 1990, 3320 Ave A, Kearney, NE 68848-1990
308.865.2011
Email: teresa.dethlefs@commonspirit.org
Lead Agency: www.gshs.org

WIC Offices - Kearney:

- **Kearney**
1023 Avenue F, Kearney, NE 68845 | 308.865.5366
- **Faith United Methodist Church - Gibbon**
203 Garfield St., Gibbon, NE 68840 | 308.865.5375

* - denotes statewide programs

Norfolk:

Food and Utility Assistance Programs

- The Salvation Army of Norfolk, Nebraska
- Northeast Nebraska Community Action Partnership
- Emergency Food and Shelter Program (EFSP)
- League of Human Dignity
- HeatShare - The Salvation Army of Nebraska, South Dakota & Western Iowa
- Nebraska Family Helpline*
- Energy Assistance (LIHEAP)*
- **Safe Kids Nebraska State***
Nebraska Department of Health and Human Services
301 Centennial Mall South, P.O. Box 95026, Lincoln, NE 68509
402.471.8749
Email: jason.kerkman@nebraska.gov
www.SafeKidsNebraska.org

WIC Offices - Norfolk

- **Norfolk WIC**
1405 Riverside Blvd., Norfolk, NE 68701 | 402.844.4422
- **Wayne**
516 North Main St., Wayne, NE 68787 | 402.385.6300

North Platte:

Food and Utility Assistance Programs

- Cure Hunger - The Salvation Army of North Platte, Nebraska
- North Platte Catholic Community Food Pantry
- Food Pantry and Back Pack Program - North Platte Public School’s Foundation
- Commodity Supplemental Food Program (CSFP)
- HeatShare - The Salvation Army of Nebraska, South Dakota & Western Iowa
- Nebraska Family Helpline*
- Energy Assistance (LIHEAP)*

WIC Offices - North Platte:

- **North Platte WIC**
102 South Elm St., North Platte, NE 69101 | 308.534.1678
- **Gothenburg WIC**
1512 Avenue G, Gothenburg, NE 69138 | 308.324.6212
- **Safe Kids - Coalition for Buffalo, Dawson, Custer, Lincoln, Keith, and Southwestern Counties**
Good Samaritan Hospital
P.O. Box 1990, 3320 Ave A, Kearney, NE 68848-1990
308.865.2011
Email: teresa.dethlefs@commonspirit.org
Lead Agency: www.gshs.org

Scottbluff:

Food and Utility Assistance Programs

- Community Action Health Center
- Scottsbluff County General Assistance
- Valley Christian Neighbors In Need - Nebraska Resource and Referral System
- Emergency Resources | United Way of Western Nebraska
- Potter's Wheel Ministries Scottsbluff Nebraska
- Nebraska Family Helpline*
- Energy Assistance (LIHEAP)*
- **Safe Kids Nebraska - Coalition for Buffalo, Dawson, Custer, Lincoln, Keith, and Southwestern Counties**
Tracy Dethlefs-Rademacher
Good Samaritan Hospital
P.O. Box 1990, 3320 Ave A, Kearney, NE 68848-1990
308.865.2011
Email: teresa.dethlefs@commonspirit.org

WIC Offices - Scottsbluff

- **Gering WIC**
975 Crescent Dr., Gering, NE 69341 | 308.633.2772
- **Bridgeport WIC**
428 Main, Bridgeport, NE 69336 | 308.633.2772

* - denotes statewide programs



If your family or a family you know needs resources like the above but can't locate what you need, please do not hesitate to share this information or reach out to Pregnancy Services by calling 877-420-4747 or visiting us at nchs.org/pregnancy-services. **We look forward to helping you get the support you need!**



NCHS
children first.