

What to Expect *During A Home Visit*

Support for Families Through NCHS

Healthy Families America® is a program that provides home visitation and focuses on supporting families and helping them create a positive and loving environment for their children. Our caring team meets families where they are, helping them reach their goals.

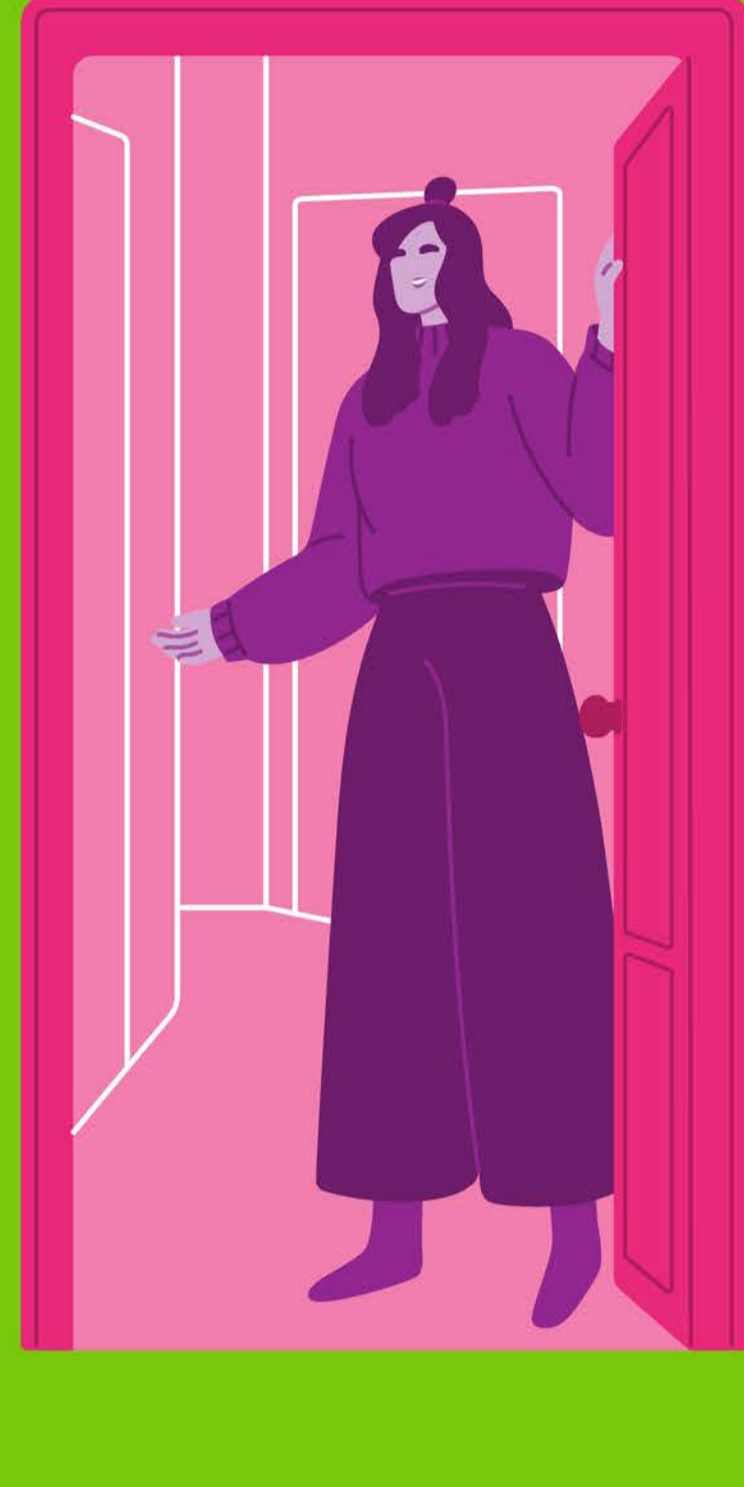
We understand that families may feel hesitant when it comes to home visits, that's why we want to share what you can expect during an HFA® home visit. Our goal is to create a safe and comfortable space where you can feel supported and empowered.

National Statistics:



277,000

More than **277,000 families** received evidence-based home visiting services in 2021 over the course of more than 3 million home visits.



1,000,000+

1,000,000+ home visits conducted by HFA® staff each year.

70,000+

70,000+ families receive personalized in-home support from HFA® sites each year.



Referrals to Community Services & Resources

After learning more about each family's unique situation, HFA staff will recommend services for families based on their needs—from home visiting to additional community connections.



Should home visiting services be recommended, HFA staff will work with families long-term. Families are offered services for a minimum of three years and are visited weekly at the start. Services are culturally respectful, and home visitors are chosen on the basis of their ability to establish trusting relationships with participating families.



HFA home visits always start like a visit with a friend who checks in on what's happened since the last time you were together.



Likely, home visitors will develop other activities based on topics parents have asked to learn more about, such as child development (When will my baby start to crawl? When can my baby see colors?) or health and safety topics (How should I move things around in my house now that my baby is crawling? Is it safe to bring my baby to the pool?).



Home visitors are always prepared to give families additional resources—if families indicate it would be helpful—such as referrals to a local food bank or information about getting a library card.



The activities a home visitor provides can also change over time based on the family's progress. For example, if the family starts to attend parenting classes at their local community center, then the home visitor might provide additional activities that focus on reinforcing what was learned in class or using it in the home environment.

Healthy Families America® has helped families just like yours, don't hesitate to reach out today.

Find The Support You Need

Contact us at hfa@nchs.org or call 402.451.0787.

