Raising Your Grandchildren

Classes and Support For Grandparents and Skipped-Generation Caregivers

Sometimes, grandparents or “skipped-generation” caregivers have to step into a parenting role for their grandchildren. You might be new to this job, or you may have been parenting your grandchild for a while now. Whatever your situation is, we’ve got resources and tips to help.

NCHS’s Raising Your Grandchildren program aims to help grandparents balance the demands of caring for children with their own well-being.

The program covers topics such as:

- Blessings and losses
- Child growth and development
- Fostering healthy attachments
- Keeping your grandchildren safe and secure
- Nurturing yourself and your grandchildren
- Understanding children’s behaviors

Take time to care for your needs while providing the best care for your grandchildren.

To get more information or register for upcoming groups, email grandkin@nchs.org.