



Healthy Families America®

Home Visitation & Support



Healthy Families America® (HFA®) is a national home visitation program that provides expectant and new parents the education and support they need from pregnancy and through the first 5 years of their child's life. This no-cost, voluntary program is available to parents who live in Douglas or Sarpy County and meet income eligibility requirements. Services are available to you if you are pregnant or parenting an infant under 3 months at the time of enrollment.

HFA® Participants Can Expect:

-  Child Development Information
-  Family Goal Planning
-  Prenatal and Parenting Support
-  Parent-Child Activities
-  Community Resource Connections
-  Relationship Building

Our Approach and Process:

HFA® services are personalized, allowing us to support your family's unique circumstances and your child's individual development.

Things to Know:

- These services are always voluntary.
- After reaching out, HFA® staff will contact you to learn more about your current needs and strengths.
- If you choose to participate, HFA® staff will work with you long-term, providing support through every stage of your child's early years.

Our no-cost, voluntary program is here to partner with you to help build the foundation for your child's healthy development.

Support is available. Call 402.451.0787 or email us at hfa@nchs.org to get started.



NCHS
children first.