



**KINSHIP  
NAVIGATION**  
A Program of NCHS

# Navigating a World of Uncertainty







*Caregiving Within Your Unique Family*

**Families come in all shapes and sizes,  
and yours is no different.**

No matter how you came to be caring for the child(ren) in your home, Kinship Navigation can guide you to the legal, financial, emotional, and physical resources your family needs. If you are a kinship caregiver providing full-time care for a child, we're here to help. You are incredibly valuable in the lives of the child(ren) you support, and we're here to support you.



## We Connect Caregivers to Services and Resources such as:

-  Benefits for Food, Healthcare, and Living Expenses
-  Classes (Education, Support Group, etc.)
-  Emotional and Mental Health Support
-  Legal Advice and Aid
-  Personal Care Items (Clothing, Hygiene, School Supplies, etc.)
-  Stress Management

## Kinship Navigation is Here to Support Your Caregiver Responsibilities

While caring for a child can be incredibly rewarding, it can also have a significant impact on financial stability, emotional balance in the home, and lead to feeling overwhelmed when you attempt to navigate the available resources.

If you are taking care of a child whose parents can't, we want to help. There are resources and assistance available for you and your family. To learn more about Kinship Navigation, simply call 888.315.7347 or email us at [kinship@nchs.org](mailto:kinship@nchs.org).

A kinship navigator will be in touch with you to help you get started. There is no obligation, only opportunity. Get connected with a support system, resources designed specifically for you, and a peer network so you don't have to do this alone.

**Your Family Deserves Support and Assistance.**

**Call 888.315.7347 Now.**

