

Helping You Make A Plan *For Unplanned Pregnancies*

An unexpected pregnancy can shake the foundations of your life and the lives around you. It takes a tremendous amount of courage and support to face an unexpected pregnancy and navigate your way through the challenges that come along with it.

Families come in all shapes and sizes.

No matter your circumstances, anyone facing an unexpected pregnancy deserves the utmost respect, support, and care in their journey.

We're here to walk you through the most commonly asked questions regarding unplanned pregnancies and connect you to the resources that can help you on your journey.

Unplanned pregnancies are far more common than you think:

121 million

Nearly half of all pregnancies, totaling **121 million each year globally**, are unintended.

62%

Among women who had given birth, **over 62% had experienced an unplanned subsequent pregnancy.**

19 million

More than 19 million women of reproductive age living in the US are in need of publicly funded contraception and live in "contraceptive deserts."

The Importance of Holistic Pregnancy Services

Without assistance, women facing an unplanned pregnancy often face significant struggles. Some challenges they might encounter include:

60%

60% of pregnant women have one or more health complications during pregnancy.

33%

About **33% of all pregnant women in the United States** do not obtain early, continuous prenatal care.

\$27,180

The prevalence of unintended pregnancy is higher among women with incomes **less than 200% of the federal poverty level.**

For teenagers experiencing an unplanned pregnancy:

75%

75% of pregnancies among 15-19-year-olds are unplanned.

15%

Globally, an estimated **15% of young women** give birth before age 18.

15-19

Complications during pregnancy and childbirth are the leading cause of death for **15-19-year-old girls** globally.

20-24

Adolescent mothers face higher risks of eclampsia, puerperal endometritis, and systemic infections than **women 20-24.**

How NCHS Can Help:



Assistance in Accessing Prenatal Care



Information on Parenting and Adoption



Connections to Community Resources



Temporary Newborn Care



Guidance and Legal Information



One-on-one Ongoing Support Services

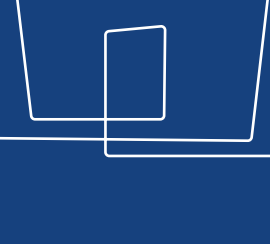
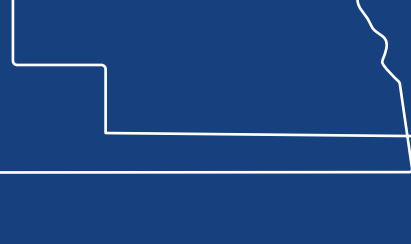
Everyone needs help sometimes.

Allow us to assist you during one of the most important times of your life and walk you through your pregnancy options. We're here to support you as you build out a plan that works for you and your loved ones.

Visit nchs.org or call 888.315.7347 for more information.



NCHS
children first.



Sources:

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